

*So many opportunities to explore, experiences to have and learning to achieve...*

***Listening to Students'  
Appreciation for their Education***

**Listening to Students'  
Appreciation for the Opportunities ...**

***“I think that it is pretty exciting being a young adult new to college. So many different experiences and opportunities.”***

—18 year old female new to college

***“I like that there are many opportunities for students to get help with anything they need.”***

—African-American, 18 years old

***“The school has plenty of facilities and opportunities for me to advance in my education.”***

—White, male, 28 yrs old, straight

***“I like the multiple opportunities that are offered to me to meet new people and build relationships.”***

—Caucasian, 25, Junior, Full-time work, Full-time study

***“(I like) The amount of opportunities outside of class.”***

—White Male 29 Junior Single

***“Spending more time on campus to work on homework and projects has brought opportunity.”***

—Male, 23, Transfer

***“(I like) How at Sac State students have the opportunity to explore a lot of different things and options.”***

—22, white, senior, mass coms major, female

***“A lot of great opportunities.”***

—female, pacific islander, 24 years old

***“I feel as though I have all the opportunities in front of me. As long as I apply myself I could easily succeed.”***

—white, male, young, straight, no challenges

***“The school has a plethora of opportunities with clubs and events and it has been very exciting.”***

—18 yr old, white, male, econ major, 1<sup>st</sup> year in college.

***“I like the educational opportunity.”***

—Mexican-American and 30 years old. I am male.

***“(I like) the opportunity to meet and talk with professors and major/academic advisers.”***

—Chinese American of 18 years of age

***“Sac State gives me a lot of good opportunities that I like to explore and enjoy.”***

—female

***“(I like) Exploring new opportunities and putting yourself out there as a latino male”***

—New to college

***“I find my experience to be motivating. I am confident and motivated in my education currently.”***

***(I like that) It present opportunities to travel, get a job, etc.”***

—Female, Ukrainian, 19, straight

***“I like the community of this university as well as the opportunities provided.”***

—first generation, 1 out of 10 siblings, second to graduate college

***“This school provides good opportunities.”***

—Returning to school, finishing degree

***“It is positive and inviting. I feel that the campus offers a wide variety of opportunities to engage with others.”***

—white, 23 years old, Transfer Student, Involved in Athletics

***“I’m well-rounded and am grateful for the educational opportunities I’m blessed to have here!***

***(I like) Discovery, as far as my career path.”***

—a 20 year old Muslim Yemeni American Student

***“I would like to share that Sac State has many opportunities to be involved and interact with so many different people.”***

—Hispanic, 18, deaf studies major

***“It is a great campus, tons of opportunity.”***

—a straight white male

***“There are many great opportunities here at Sac State for people that fall into my demographics.”***

—Mexican, Male, 24, 6<sup>th</sup> year.

***“I have many opportunities on campus through programs.”***

—Hispanic/female, 18 yrs/New to College

***“I like the people, clubs, and other organizations that do events on campus and give opportunity to the students.”***

—19 yrs old first generation student

***“I like how many opportunities Sac State has to offer.”***

—White, 19, second year

***“So many opportunities!”***

—First Generation, Low-Income, Asian-American, Vietnamese, Female, 18

***“There are numerous opportunities to be engaged within school and become social.”***

—Mixed/Male/19/LGBT

***“The campus is diverse and equal in opportunities.”***

—18, African-American

***“What I like is that my classes have not been so big, so I have the opportunity for one on one with the professor.”***

—1<sup>st</sup> generation Mexican college student

***“I like my job and organization here at CSUS. I feel like they both have opened many doors to new possibilities which have made me more confident.”***

—Mexican-American, female, 21

***“Sac State has given me some opportunities while here at school....***

***I am glad the school has given me a place to meet inspiring people & make myself better.”***

—female

***“Starting at Sac State I didn’t know many people, so I joined a sorority, which has given me the opportunity to meet many amazing people.”***

—22 years old

***“There are a lot of options here. I love the open space and I can be myself.”***

—I am a Hmong girl born in the US. I am 19 years old.

***“I like that I have been given the opportunity to be who I want to be while I am here. There is nothing that totally restricts what you want to do and there are many opportunities for you to join various programs and clubs”***

—I am a student who is new to college, who is also African American. I am a Christian and come from a religious background.

***“There is open opportunity here.***

***There are a lot of options to get involved.***

***I feel like I am getting a great education and so far I really like the campus.”***

—female

***“I like the opportunities that this campus has given me.”***

—White, Female. 21

***“It is a good aspect based on the fact that I am a woman pursuing a college education. This greater advancement will lead me towards a greater variety of opportunities in the future.”***

—18, white, female

***“My perspective is that school, college specifically, is an opportunity to enrich your life.”***

—29, male + white, and returning to school

***“The opportunities are endless. I don’t know if my peers take as much advantage of the many great opportunities as they should. I pursue almost every opportunity I am faced with.”***

—19, male

***“I am getting an opportunity in life to succeed.”***

—a male, Mexican American of age 18.

***“It’s great! I have gained so many opportunities at Sacramento State that I would not have at any other college. I am extremely grateful for having the chance of going here.”***

—Ukrainian Female 18 years old Straight Freshman

***“So many wonderful opportunities to meet new people, do stuff you probably never ever would, learn so many things.”***

—20, white, junior class standing

***“So much opportunity! I always thought college was just about sitting in class and doing homework. Now I realize that college is a lot more.”***

—21, female

***“I come from a place with not many opportunities. In coming here, I am amazed and grateful at the opportunities to learn, grow, find work, meet friends and faculty, and pursue my future.”***

—23 yr male

***“Here I have the opportunity to learn and grow as a young woman.”***

—18, female, freshman

***“The opportunities that emerge here every single day are myriad and can boost people to do things that before they thought were unimaginable.”***

—a motivated first-year

***“I enjoy it here! I feel like there are a lot of opportunities to excel at Sac State.”***

—female

***“What I liked about Sac State was that I got the opportunity to attend here.”***

—I am Mexican. I am a female, 19 years of age. First Generation college student. I am not poor nor rich. I am one of 3 kids going to college in my family. I have 6 sisters and 2 brothers, not counting my dads kids.

**Listening to Students'  
Appreciation for the Educational Experience...**

***“Personally, for me, college is an exciting chapter of my life that is just unfolding.”***

—new to college; ukrainian; 18 yrs old

***“CSUS is a very helpful campus, gets you to start being an adult.”***

—18, Female, Straight, New to College

***“I’ve had a fun time critically thinking about the new things that I’ve learned as well as meeting more people from different backgrounds.”***

—I am a first generation African American female who is 19 years old.

***“As a first year freshman, I have made/had many experiences that have helped me grow as a person, have the opportunity to be able to go to the resources that CSUS offers, learn, meet new people and get to know my professors.***

***CSUS has treated me great!”***

—Hispanic/female

***“My first semesters have been amazing. I am really enjoying college so far.”***

—white, female, 18 yro, Christian

***“It has been an eye-opener experience. I come from a small town up north and would not change this experience.”***

—Female, Latina, transfer from a Comm. College

***“CSUS has taught me so far that it is only up to you on what you want to do, but whatever it may be there is always help on campus.... ”***

—18

***“Everyone is here for an education. Classes are always a learning experience and also add to our life experiences.”***

—White, Female. 22 Years Old

***“I love the school so far. It’s perfect for me. ☺”***

—Mexican Hispanic/Female/19/New to College

***“The college experience has taught me to drop my identities. In doing this, I feel that I am able to connect with others, explore interests, and experience things in a number of ways on and off campus.”***

—finding themselves

***“I continue to look for new experiences to make everyday.”***

—first year white male age 18

***“It is rewarding, challenging and fun. I have found it to be a journey that will shape me for years & years.***

***I have developed so much as a reader, writer & speaker here. Still have much to do though.”***

—Hispanic, 21

***“I have encountered many things while here.”***

—4<sup>th</sup> year

***“Sacramento State has allowed me to think beyond what first meets the eye. Forcing me to think critically through all issues.”***

—Mexican (Catholic) 18

***“It is nice to know I am going somewhere with my life.”***

—18 yrs, white, female, first year college student

***“I am a young lady who came from Europe 6 years ago. I am my parent’s dream. They wish for me a better life and good education. I do not forget this, each day I work hard.”***

—20

***“I feel extremely proud to be attending a university and proving that as a female and from a Mexican heritage it can be possible to continue your education for a better future.”***

—21, Mexican, female, straight, transfer student

***“It’s a journey.... I’ve had several educators who have sparked my interest in learning.”***

—Mexican, Female, 21

***“CSUS has been a dream-come-true for me.”***

—a female immigrant from Eastern Europe, low income, 18 years old and a first university student as well as a first generation in USA.



***“Being a first generation college student is a source of pride and accomplishment for me & my family.”***

—white, female, 25, heterosexual, transfer student, first generation college student

***“I am slowly coming into my own and learning about myself and the world.”***

—Sophomore

***“Sac State allows you to be yourself. College is very independent & pushes you to form your own out-look of the world.”***

—4 yr/female/African American

***“(What I like about Sac State is) the freedom to be myself and find likeminded people.”***

—First Year

***“What has worked for me at CSUS is that I’m on campus every day to learn new things about myself.”***

—African American Woman 49

***“Being a student here makes me feel like a role model.”***

—of Mexican Culture

***“I am a single mother and currently pregnant.... I am attending school to ensure a better future for my children....”***

—single mother

***“I like how CSUS has pushed me to think for myself and develop my own thoughts and outlook on situation and causes rather than just merely learn about them.”***

—I am from a family of mixed backgrounds. My mother is Portuguese, Indian, Dutch, and Irish, and my Father is African American. I am 19 years old, and I am the third of four children. My mother passed away when I was 15 and I had to grow up....

***“I have had many great experiences at CSUS, but the most important experience has been meeting great individual people here on campus. Through classes and interactions I have learned a lot from CSUS students and faculty.”***

—Culture = Sikhism Age = 27 years old

***“It is an interesting experience. Throughout my education I have faced trials in my education. Those trials have molded me into the student I am today at Sacramento State. Sacramento State has catered to the continuation of my educational journey with the resources available on campus.”***

—Learning Challenged

***“I truly enjoy being here at Sac State ... because I am here to further my education.”***

—Hispanic

***“All the experiences help you better and become a better person whether its education or social wise or both.”***

—From the perspective of a student who is Mexican/American, 19 Years Old.

***“Being a student here you feel like you are bettering yourself mentally and building confidence to take on the world.”***

—Male/white/20 years old/3<sup>rd</sup> yr student

***“To be a Hispanic/Latina attending sac state is a big privilege and at my age and years of college experience, I’ve learned to appreciate myself, my campus, and most importantly my education.”***

—Latino who is 21 years old and is a third year at Sac State

***“I have experienced great professors and I’ve learned a lot.”***

—Female, White, 23

***“(What has worked for me here is) My personal development; growth (academically, mentally and emotionally)”***

—Female

***“I like the experience of learning new things & perspectives from classes”***

—No student specifics given

***“As a student here, I feel as if it has been a great experience.... I think college in general makes you grow up more individually and you learn how to be independent.”***

—No student specifics given

***“I am honored in being first generation to attend a 4-year university. Also for being Hispanic/Latina because that race/ethnicity doesn’t dominate the populations in universities.”***

—Hispanic/Latina, 18, female, first-generation

***“I have been able to learn a lot during my experience at sac state.”***

—a 24 year old white female, who has been attending college since high school.

***“I have learned to manage things by myself.”***

—Mexican American, 20 years old, Freshman

***“An absolute privilege and rewarding experience. The professors in my department ... are devoted and an honor to learn from.”***

—Female, 20, Caucasian, systematic lupus

***“It is a great learning experience. I am here to gain the knowledge and try my best at all that I do. Even though it can be very difficult at times. It is great to have a degree.”***

—a full time student & full time employee

***“To be a Latino and a full time student at CSUS means a lot to me because it symbolizes a new era for my people.”***

—Latino-Hispanic Male

***“I have been a hornet for 5 years now. Overall, my experience at CSUS has been what I would have expected when accepting my admission to the school. I have always felt supported and safe on campus and would recommend CSUS to friends & family.”***

—A 22 year old, white, non-religious, female.

***“College is what you make of it. It’s been great to me.”***

—White Female 25 Senior Fully Employed

***“Even though it has been hard to learn my everyday class material in a different language, I’ve learned that everything is possible!”***

—learning English as second language

***“Everything I have done here has benefitted me in some way.”***

—22, white, senior, mass coms major, female

***“It’s a difficult experience at first but through hard work, knowing what to do and getting what needs to be done, college makes you into a person you can be proud of.”***

—(25) American Pilipino “military kid”

***“(What I like about Sac State is) It helped me write essays better! Also showed me how to be responsible.”***

—19 years old.

***“As an African American it is very challenging but at the same time it is the right thing to do at this moment.”***

—Am An African American

***“I love the fact that I learn something new everyday since being accepted to this university. I learn many new lessons inside and outside of the classroom.”***

—African American and white. Female. Straight. 19 years old.

***“You define yourself in CSUS.”***

—Asian American

***“Coming specifically to Sac State and its diverse cultures helped me understand other people and they’re backgrounds. It was tough at first because my beliefs and values were challenged, but in the end I became a more understanding person.***

***You won’t find better culture and diversity than at Sac State. There’s so many beautiful and amazing people on campus....”***

—21 years old, Laotian, first generational.

***“I have been taught at this school that women are cherished in this community.”***

—Female

***“CSUS showed me how to get involved and made me figure out who I am.”***

—Filipino/Male/18

***“It is rewarding. As a middle class hispanic whose family lives paycheck to paycheck it is a dream come true. I cant tell you how many times I found myself thinking how lucky I am to be at a 4 year university living another dream to someday be successful.***

***You realize so much. I did! You gain new perspectives and their wonderful. You have a voice and all your opinions matter and actually mean something.”***

—Hispanic. Mexican American. 18 years old. Female. Middle class.

***“I love being a student here! Sac State has really opened my eyes to how diverse the world is and how many different types of people & cultures there are. I think being multicultural is amazing, it allows me to look at things from different perspectives and learn more overall.”***

—a multicultural 18 year old female

***“I’ve seen a lot of stuff on this campus that I would not see anywhere else or have the same experiences again.”***

—23, Graduating Senior – 4 ½ yrs.

***“It gives me purpose to go to school and get an education. I feel that I should achieve something in life and demonstrate to others what someone of my upbringing and psychological challenges can do to better himself/herself.”***

—Mexican, 20, male, anxiety

***“I am a female, Hispanic, first generation student who feels that I am going on the right path to a brighter future by attending CSU.”***

—No student specifics given, other than what is stated above

***“I feel the more educated I become on my history, I see it even more important that I leave here with a degree.”***

—Black Female

***“My studies can be difficult. It can be a lonely path, but I know I am doing the right thing”***

—Nisenan and Maidu

***“Working hard has actually gotten me somewhere. Before I used to work hard, but never saw any progress, mainly because I wasn’t focusing on the right things. 4 years at CSUS has taught me a lot about myself. I have seen a lot at a public university that has changed the way I view people and society.”***

—21, Chinese, Male

***“it’s a good feeling knowing that I can represent my culture, and my people. Maybe inspire others to pursue a higher education.”***

—Mexican-American/Student

***“Society says people of my demographic are confined to a low standard of performance, however everyday I work at cracking that glass ceiling. By the time I graduate, I will have shattered it.”***

—a female, 21 years old, Black/Hispanic

***“Coming from a low-income community, I feel that this has encouraged me to attend higher education. With the help from FAFSA, I am able to afford attending the university, which I am grateful for. I feel that I value education here more than others who are not in my position.”***

—low-income, Latina/Mexican American, 19 years old

***“Being Mexican-American is an honor, because I’m one of the many first generation students on campus, and my parents are very proud of me.”***

—Mexican American, 18, female (1<sup>st</sup> generation, migrant background)

***“It is a good perspective that keeps my mind open toward the past, present, and future. By staying ‘hungry’ and eager for new information, it is easy to learn about others while simultaneously bettering my self.***

***From an open perspective it is especially interesting to be at an institution that gathers the bright minds of this area....”***

—a 21 year old child

***“First-Year: In my family (& extended) I am the only one who has graduated & make it into a 4 yr university. So many things are expected of me because I have made it this far. I can’t give up because there’s so many people in my family relying on me to succeed.”***

—Latina / 19 / First generation college student

***“(I like) The sports, education, professors, so many achievements one can achieve.”***

—Hispanic age 23

***“It makes me proud because before you really didn’t see latinos at colleges.”***

—18 Latina female freshman

***“These past years at sac state have been good but I did struggle a lot in...two classes. It changed my perspective on how to go about life—perseverance.”***

—a female Chinese American that is 23 years old.

***“It is an honor, because I have worked so hard to get where I am today with the help of so many people.”***

—18 year old Latina

***“I am very aware of my education in that I am critical of my classes and make sure I get the most out of every dollar I spend. I feel the responsibility of being a white, suburban male to use my education to better society from the inside out.”***

—24, local transfer, also working, male, in his 7<sup>th</sup> year of college

***“It’s an adventure, it’s a world of challenges and adventures.”***

—Ambitious

***“Difficult and challenging at times, but I always take from all of my experiences here at Sac State. I have learned a lot and I’m sure all of the skills I have acquired here I will use in my life.”***

—25 years old and African American parent.

***“I’m proud to be a Sac State student. This place has helped me become a better person, student.”***

—No student specifics given

***“This has been a good university that has taught me a lot about life and what I want to do in the future.”***

—22 year old male senior who is graduating soon

***“It feels really empowering to want to obtain a degree at a university and to compete with males in the workforce.***

***I think that the school provides everything you need so that after we graduate we will be ready for the workforce.***

***(I like) Equal opportunity”***

—Female

***“Being a transfer student here at Sac State is one of the most amazing experiences I have ever had. Sac State has given me everything I need to be successful here and in the future.”***

—White, 22, Senior, Transfer, Female

***“Other than the need to help women reach their full potential, first I must set an example. So here I am.***

***I love this campus and all that it has to offer.”***

—28-Year-Old Armenian-American Woman transfer

***“The main experience I would compare it to is freeing oneself from jail. Since I was born in a small town, diversity was always looked down for being different. I was always told to act a certain way, attached to a ball and chain through my childhood through adolescence. Upon enrolling & attending I was metaphorically given a key to be broken from those chains of oppression. I was finally able to feel the warmth of progressive thinking, meeting individuals who did not shun new ideas, but encouraged that gave me a breath of fresh air.***

***(I like) how encouraging some people are. I love to see people smile & welcoming they are to new experiences, & new people. The change from my personality has greatly helped me in a long way! This has helped me the most! This is what I have taken most from my experience!”***

—Hispanic, Male, 19 years of age, new to college

***“I have had the time of my life here. I am better for it. I feel ready to take on the future.”***

—graduating senior, 25, employed

***“Our campus is very diverse and welcoming to different cultures. I feel very lucky and blessed to go to this school because I know in other parts of the country, it is not the same case.***

***I feel like this school is gearing me in the right direction for graduation.”***

—Filipino American Female

***“Coming back to school is a privilege and a challenge. Returning to school has allowed me to pursue degree and further my education.”***

—Returning to School, Parent, Male

***“I would say it is pretty awesome. One awesome experience. CSUS is awesome. 😊”***

—Awesome

***“I loved my classes ... and really value the education I received”***

—Hispanic Female 25 Heterosexual

***“I wouldn’t trade it (my education here) for the world.”***

—23 years old

***“I have learned so many things, skills, ways of thinking. I have made friends with students, faculty and staff. I feel like this is my home. It will be hard when I leave.***

***I feel that Sac State has prepared me well for the future.”***

—Female, Filipino, 23 years old, graduating senior



***“The African-American journey at Sac State is an inspiring experience. So many people would love to be at a 4 yr University and get a degree.”***

—African-American

***“Knowing that I will be walking across the stage in just a few weeks is incredibly thrilling. While I am nervous for the future I am thankful to have had an amazing college experience.”***

—Graduating

***“An honor to be graduating after so many falls throughout my life.”***

—A Senior

***“I love this campus. I don’t want to leave it. There are too many good things to list.”***

—24, female, graduating senior, have been here six years, I have ADD and low vision

***“Overall, my experience at Sac State has been great. I’m graduating next week & couldn’t be happier.”***

—Female, 22 yrs old, hispanic/caucasian

***“I have had the time of my life here. I am better for it. I feel ready to take on the future.”***

—graduating senior, 25, employed

***“It hasn’t always been easy, but it has always been an honor to attend Sac State.”***

—psyched to graduate!

***“I am deeply grateful for the education I have received, the experiences here I have gained, the confidence and knowledge I have to go out into the world and make a difference....”***

—24, graduating senior

***“Everything about Sac State I love. Stingers Up!”***

—student-athlete

***“There have been times that were extremely tough. Times when I wanted to quit. When all I wanted to do was sleep. When I didn’t have time to eat or just breathe.***

***But it has been incredible and worth it. I will walk across that stage with pride.***

***Thank you Sac State.”***

—25, graduating